

MORNING STARTERS

FRESH FRUIT CUP \$4

Assorted fresh fruit cut-up daily

GREEK YOGURT PARFAIT \$5

Vanilla Yogurt, Granola, & Fresh Berries

FRESH FRUIT \$2

TOASTED BAGEL \$3.25

Plain, Wheat, Cinnamon Raisin, Everything

Add Ons

Cream Cheese \$.25, Smoked Salmon \$2, Tomato \$.50, Avocado \$.75

ASSORTED CEREAL \$3.50

Ask your servers the type of the day

BOILED EGG \$2

EGG SANDWICH \$5.00

Bagel, English Muffin, Wrap or Croissant

What kind of cheese? *Havarti, American or Cheddar?*

Add Meat: Bacon, Sausage Or Ham \$.75

Add Veggies: Avocado .75 or Tomato .50

Egg whites optional .50

SWEETS & TREATS

CARROT CAKE	7
CHEESE CAKE	7
CHOCOLATE CAKE	7
BLONDIE	2.5
BISCOTTI	2.5
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SCONES	4
BLUEBERRY MUFFIN	4
CHOCOLATE CHUNK MUFFIN	4
CORN MUFFIN	4
CROISSANT	3.25

FRESH GARDEN JUICE \$10

-50 SHADES OF GREEN-

Rainbow Swiss Chard / Green Apple / Beet / Ginger / Lemon

-TOTAL IMMUNITY-

Carrots / Spring House Garlic / Green Apple / Parsley / Ginger

-SPASANITY-

Cucumber / Celery / Ginger / Lime / Green Apple / Wild Island Mint

-JUST BEET IT-

Sugar Beets / Carrots / Lemon / Green Apple

-CUCUMBER FLING-

Cucumber / Ginger / Lemon/Heirloom Tomato / Basil

-IT'LL TURNIP SWEET-

Turnips / Sugar Beets / Celery / Green Apple

-CROSS FIT-

Carrots / Sugar Beets / Parsley / Kale / Swiss Chard / Celery

SMOOTHIES \$10

-BLOCK ISLAND BLACKBERRY SMASH-

Blackberries / Banana / Raspberries / Orange Juice /
Soy Milk / Agave Nectar

-THE DOC WILLIS-

Raspberries / Soy Milk / Greek Yogurt / Agave Nectar

CAFE

	<u>Single</u>	<u>Double</u>	<u>Iced</u>
ILLY ESPRESSO	3.50	4.25	
MACCHIATO	4	4.50	
CAPPUCCINO	4.50	5	5
AMERICANO	4	5	5
	<u>Medium</u>	<u>Large</u>	<u>Iced</u>
ILLY COFFEE / DECAF	2.75	3.50	3.50
HOT CHOCOLATE	3	4	n/a
SOUTHERN ICED TEA (<i>Sweetened</i>)			4
AMERICANO	4	5	5
LATTE	4	4.50	4.50
CARAMEL LATTE	4.50	5	5

TAZO TEA & CHAI

	<u>Medium</u>	<u>Large</u>	<u>Iced</u>
ZEN		3.50	
GREEN GINGER		3.50	
EARL GREY		3.50	
CHAMOMILE		3.50	
"AWAKE" ENGLISH BREAKFAST		3.50	
REFRESH MINT		3.50	
DECAF LOTUS BLOSSOM		3.50	
Sweetened Iced Tea		3.50	
CHAI		3.50	3.50

WITH A KICK

-IRISH COFFEE-

Jameson's Irish Whiskey - Whipped Cream - Green Creme de Menthe \$11

-FOWLERS -

Jameson's Irish Whiskey- Bailey's Irish Cream
- Whipped Cream - Green Creme de Menthe \$11

-VICTORIA LACED-

Godiva Chocolate Liquor - Chambord Liquor - Whipped Cream -
Fresh Raspberries \$11

-AUNT JEMIMA-

Vermont Maple Syrup - Captain Morgan Spiced Rum - \$11



Proudly Serving Illy Italian Coffee

Our 5 acres of land include three beautiful gardens that supply our hotel with only the freshest organic produce. We are proud to harvest over 70 different varieties of vegetables & herbs. Our seeds are hand picked from different regions of Italy.

*Located in our main Lobby.
Open 7 days a week from 7am-11am*

www.SpringHouseHotel.com

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Follow us socially to find out what's growing in our back yard